AUTISM GM

NEWSLETTER



www.autismgm.co.uk

Spring/Summer Edition

Dear all,

Welcome to the Summer 2019 edition of the Autismgm newsletter from GMAC.

It's been another busy few months. Nationally there is lots happening with the refresh of the national autism strategy and we have also launched our very own regional strategy in the last few months too. This strategy gives us very clear goals and our aspiration is that we want Greater Manchester to become a better place for autistic people and their families to live in. We know this is not a quick job and we have a long way to go but the strategy is a starting point. Please so get I touch if you want to get involved.

As ever, we would love for people to review books/ films and events that are taking place I the region. We note that there was a conference held in Manchester last week by AutismUK: https://autisticuk.org/events/the-future-is-gold-2019/ with an interesting list of regional, national and international speakers there. Were you there? If so we would love to hear how it went?

In the meantime we hope that you have a good rest of spring/summer.

Mari, Debbie, Emma and Abi GMAC team

AUTISMGM Newsletter

is produced quarterly by the

Greater Manchester Autism Consortium Project



https://twitter.com/GMAutismC

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https://www.facebook.com/GMAutismConsortium

Blog: Greater Manchester leading the way with new autism strategy (21 March 2019)





In March, Greater Manchester launched it's <u>autism strategy</u> at an event. Around 100 people attended, which included Autistic adults, family members professionals. The launch was hosted by the Mayor of Greater Manchester Andy Burnham. In this blog, Tim Nicholls our Head of Policy, explains more about the event, the strategy and why it's breaking new ground.

READ THE STRATEGY HERE

This new strategy sets out a vision for the region that covers important areas of support that autistic adults in Manchester have said they need. In the year when we mark <u>the 10th anniversary of the Autism Act</u>, this represents a big step forward in thinking differently about how to create a society that works for autistic people.

Why this matters

You might be wondering why this is a big deal. Lots of councils have their own autism strategies that set out what they're going to do to implement the national autism strategy in England. So what's new?

What makes this strategy ground-breaking is that it's the first time that a region has come together to create a comprehensive strategy in this way. Greater Manchester is made up of 10 different councils and 10 different Clinical Commissioning Groups. This strategy brings them all together to work on autism. It's also different because Greater Manchester has a lot of powers that would normally sit with councils or the Government devolved to it, including health and social care. This means that they can take action together on important issues like diagnosis and care and support.

Blog: Greater Manchester leading the way with New autism strategy (21 March 2019)



During the Mayoral election, Andy Burnham committed to produce a Greater Manchester-wide autism strategy in his manifesto. Today's publication makes that commitment a reality. The strategy has been created in partnership with autistic people and their families. This has been led by the <u>Greater Manchester Autism Consortium</u> (GMAC) – a team in the National Autistic Society's Policy department that you might not have heard of before. GMAC provide important advice for autistic people and their families in the area, as well as working with health and social care commissioners to improve their support and services.

What the strategy does

What does "Making Greater Manchester Autism Friendly" mean? The strategy itself says:

"This means a place where you can get a timely diagnosis with support, meet professionals with a good understanding of autism, find services, organisations and employers that make reasonable adjustments when required, where people can feel safe, have aspirations and fulfil their potential, and become a full member of the local community."

This means looking at support and services, as well as understanding. It's a far-reaching vision – and an ambitious goal.

Autistic people and their families told us what they wanted from this strategy. So it will be focusing on four areas: access, community, health and support, and employment and transition. It includes actions to improve reasonable adjustments to public services, set up a working group on housing, make sure health and care staff are trained, improve GP recording of autism and develop a new framework for supporting young autistic people transition to adult life.

While this strategy is for autistic adults, it includes a commitment to work on proposals to apply it to all ages – just as the national government is doing this year. It also commits the GMAC project team to set up an engagement plan to help reach BAME and LGBT+ communities, as well as older people and women, who have traditionally often been missed by services.

What's happening next

A strategy is no good, as Andy Burnham said in his speech today, "if it just sits in cupboards or on shelves." That's why GMAC is setting up a series of implementation groups, involving professionals, autistic people and family members. Andy Burnham has also committed to an annual accountability meeting, to make sure progress is being made. If you live in Greater Manchester and you want to know more about this, get in touch with GMAC.

GM Autism Strategy: the work begins

The Strategy can be found here http://www.gmhsc.org.uk/wp-content/uploads/2019/03/GMHSCP-Autism-Doc-FINAL.pdf
And an Easy Read version here, scroll to the bottom of the page https://www.autismgm.org.uk/resources-for-professional
As Tim says in his blogs, the real work now begins with GMAC forming various Implementation groups to undertake the work we set out in the strategy.

During May/ June we have launched 4 Implementation groups on the following priority areas:

Housing, Employment, Criminal Justice and Transition. The first 3 groups will be joint groups looking at Autistic adults and adults with a learning disability, because Housing, Employment and Criminal Justice (called Justice in the LD strategy) were also identified as priorities in the Learning Disability strategy.

The GM Learning Disability strategy can be found here http://www.gmhsc.org.uk/wp-content/uploads/2018/07/Learning-Disability-strategy-13.07.18.pdf.

Each of the groups are chaired by someone from those sectors and the attendees are a mix of people with lived experience (including reps form the GMAC advisory groups), practitioners and commissioners from across the 10 GM localities. If you are interested in hearing more about these groups please get in touch with Mari on mari.saeki@nas.org.uk

Work from the groups will be shared with localities on a regular basis and there will be a number of events on these themes over the life of the strategy. If you wish to find out about such events, please get in touch with Mari as above. We would still love to hear from people interested in joining the GMAC advisory groups for autistic adults and the GMAC advisory group for family members.

Mari Saeki

Project Lead, GMAC





Invisible Disabilities: Manchester Airport

Invisible Disabilities at Manchester Airport

Manchester Airport are currently working on ways to identify how they can improve the airport experience for their vulnerable passengers who may not want to share details of their invisible disabilities or use their assistance service.

If this applies to you or someone you're travelling with, they can offer you a special lanyard to wear on your journey through the airport. This will identify you to staff as someone who may need additional support or understanding. Staff at Manchester Airport have been specially trained to recognize the lanyards and act accordingly.

The special lanyard permits access to their family and priority lanes at security as well as the use of the special assistance lanes at the UK Border on arrival into Manchester Airport.

To pick up a lanyard at Manchester, you can approach the Assistance Reception areas. These are available within the Check-in halls in Terminal 1 A and B, Terminal 2 and Terminal 3.

Staff at the sites are happy to give you a lanyard, even if you haven't requested or need special assistance.

Anyone who may wish to obtain a lanyard can check in at the assistance desk in the departure hall on your day of travel.



This will hopefully be a help to some autistic adults who may require support but in a discreet way and also will help support families who are travelling with autistic children. Staff on site will be aware of the challenges that may arise and we hope that this is something which can support adults and families.



Invisible Disabilities: Manchester Airport

The Sunflower Room

The sunflower room will be a quiet space where guests will be able to go to if in need of some time to regulate.

The Sunflower Room in Terminal 1 is to aid Special Assistance Guests who need to break away from the noise, bright lights and crowds of the main Departure Lounge to help them relax and feel calm in a quieter environment.

Guests who require use of the room will be guided here as part of the Special Assistance Service. This may be particular helpful for adults on the autism spectrum and also families travelling with children who may be on the spectrum. It's an extra measure to help support guests with additional needs and we hope will help a lot of people who are traveling.





The quiet room is pictured above. It is spacious and has plain walls and no additional distractions such as toys, sensory lights and has a minimal layout. There are ideas at the moment to possibly introduce some floor seating such as beanbags.

One of the GMAC Project officers has been in consultation with the airport and we very much welcome the changes which have and are being made to help support anyone who is on the autism spectrum and travelling. We hope this will be a support for adults and families travelling who need a little extra support while navigating their way through the airport.

Further details can be found on the Manchester Airport website at:

https://www.manchesterairport.co.uk/help/special-assistance/invisible-disabilities/



Manchester Central held an Autism/Sensory Needs Friendly Session of their funfair in the Easter holidays and very kindly opened the invitation to families across Greater Manchester who have children on the autism spectrum.

The funfair organiser's made a number of changes to their funfair for the session to make it enjoyable for those with sensory needs.

They reduced noise wherever possible, removed a number of flashing lights and queuing on the day was very minimal. The majority of rides, we were able to go straight on without any queuing.

There was a range of attractions from traditional family rides and games stalls to thrill rides for the more adventurous. It was a 3 hour session which I thought was perfect and allowed enough time for families to work their way around the fair at a leisurely pace.

The catering stands were kept hidden away in one corner of the setup which was a very thought out idea. The smell of food and the distraction may have been an issue for many of the families but as this was not the case on the day.

Manchester Central offered this session to families for free which was very generous. Many families struggle during half terms to find activities that cater to all family members, especially when dealing with children with additional needs and also children who are mainstream as their interests and tolerance of activities and environments is generally very varied. This allowed many parents to do something which all family members could be a part of in a safe environment.

My Day at the Fair: written by Kaleem who is the sibling of an autistic brother and 9 years old.

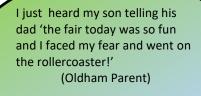
I went to the fair in the Easter holidays with my brothers and my mum and dad. We went on Rollercoasters, Bumper Cars, Cranium Shakers and Insonias. It was really fun. We went on this swing type of ride and it throws you to the celling and spins really fast. There were also Ferriss Wheels, the best one was where there were three rows of seats in 1 and it goes at about 80 mph to the celling and ground. The scariest ride was the Cranium Shaker. There were 10 rows of seats in 1 and it went SO fast everything was a blur. It threw you to the glass wall then up to the roof then hangs you upside down near the ground and then it flips you sideways and goes like that at about 95 mph. The Insonia was really fun. It spun around in circles really fast with about 10 people in a row lined up. The Rollercoaster was like a snake with people in. It went so fast down to the floor then slow up to halfway at the top. Then it went so fast. It was about 40 mph. It was really, really fun at the fair and I would definitely go again. On a scale of 1-10 it would definitely be 10/10. My brother Haashim really enjoyed himself and found all the rides he went on really fun. It was nice that we could all get out together as a family and my little brother Raif had a good time. It made me feel happy that Haashim was so happy and we would go again.



Quotes and pictures from the day: Families



It was fantastic & they both had a really, really great time. Which of course meant I had a great time! (Manchester Parent)





I'm Happy (6 Year old autistic child)

We had a fab morning, it was so lovely and quiet! Thanks

(Trafford Parent)



Creative Content





Below we have a poem written by autistic adult Richard Berd.

Richard is a talented poetry writer and his poems offer an insight into his feelings and how he perceives his surroundings as oppose to subject matter.

TREE IN AUTUMN

(Written originally in December 1992 but revised May 2019)

The cold blue sky has darkened
And i open the broken gate
Where the fields lie beyond.
Dead leaves lie scattered along the path,
Aged and drenched by the storm,
Drowned in pools of rain.

A naked tree ahead, standing alone, Branches braying out to the wind. I stand with it.

Bark ,the skin of a crocodile-

Rotted, firm black mass.

The slow, uninterrupted flow of those stagnant blocks over the years, now like slow water finding itself, through my heart On that day in July.

I gave birth to a secret Cutting open my heart

As the sun sat nonchalantly in the blue Summer sky.

"Its the same secret as mine! I kept it in the deepest dungeon! SNAP! All the ones who took the mickey!", my friend said.

Struck by lightning, Amidst the fog, Under black skies And rain.

In early September's rain

I listened to Grieg's Piano concerto/John Pritchard/Peter Katin (piano)

And Tchaikovsky's Sleeping Beauty suite/Boult.

The sky moved, the clock ticked;

I spoke to him.

My god.

And a whole grotty white day

Of heavy white grey dysthymia,

How you hurt!

Bathos in rotten cold rain.

Rows with mum.

Walking the streets alone in black night.

Not wanting to stay out,

Not wanting to go back home.

Back to school.

Yellow September morning sunshine.

New maroon blazer.

Usual buses, to Piccadilly then to School.

My last year.

Waiting in the library

Humming the first movement of Beethoven's Fifth Symphony,

Watching beneath me

The new Lower Sixth

And my own Upper Sixth

Arrive.

Yet no Mike.

A snake bit into my heart.

Chagrin.

Coming home from school,

Waiting at the usual bus stops

Going to Empire Second hand bookshop on Newton Street.

My heart twisting each afternoon and evening,

Each night and early hours.

Struck by lightning,

Amidst the fog,

Under black skies

And rain.

Grey world of October.

Secret out again.

Skeletons released and reburied.

White fudge clouds floated passed the sun.

Mike, you passed from me.

Rain drenches me

Freezing cheeks

Wind gushes through.

Branches shake; i hold one still

And look above.

I see a cloud disappear;

A smaller one appears.

With the smoky velvet, royal blue, orange skies

And tender red of November

Drifted Tim.

Once more

Mists of yearning engulfed me.

You lit up those days.

November, 1992.

Yet deep down I knew that in eight months

I would have to leave you too.

Pain.

Struck by lightning,

Amidst the fog,

Under black skies

And rain.

Tree, I am you, You are me-

Alone and left to pine.

Saturated both of us on the rain,

Mists, winds, redness's

White mornings

And darkness.

I hug you and you squeeze tears from me.

I hear raindrops above.

Echoes, Echoes.

A purple-brown light far ahead,

Dark blue moves into white.

Tomorrow.

Thank you, tree.

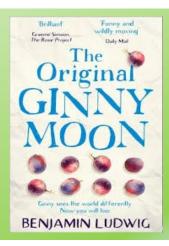
Thank you for listening.

Birdcalls appear around the wood as i leave it,

Brightening up an unknown day ahead.

The Original Ginny Moon:

By Benjamin Ludwig



This is a novel aimed at the young adult market, but it is also a good and intelligent read for older adults too. The story is narrated by fourteen year old Ginny who has autism so we see events through her clear but not whole sighted view, and we are given her very logical reasons for her actions whilst witnessing the bafflement of the adults that surround her.

This story is more about fostering and adoption in later childhood than it is about disability, but the use of an autistic narrator enables the reader to look at some of the challenges of adoption from an original angle and this is very thought provoking. Ginny is determined to return to her birth mother's flat and everyone assumes this is down to misplaced loyalty and attachment to her mother, and no one really listens or believes that Ginny has another very valid reason for needing to go back. The main plot pivots on the way in which the well meaning grownups project their experience and non-autistic viewpoint onto the wishes and actions of Ginny in a way that is supposed to be protective of her, but which actually turns out to be dismissive to the point of being dangerous.

The author is himself the adoptive parent of a child with autism and he is painfully honest about the tensions and conflicts this situation can bring about. I found the book a difficult but interesting read. It made me think about how often we think we listen to what a person with autism is telling us, but we aren't listening with an autistic ear so what we hear can be based on very wrong assumptions. I found the autistic narrator, Ginny, the most sympathetic character in the book by far and this made a refreshing change: it was everyone else who got and saw things 'wrong'. I would recommend the book to anyone interested in autism and issues around adoption who is open to a challenging read, but be warned – particularly for older children – that there are some difficult issues explored around addiction, abuse and neglect.

This book was reviewed by Debbie Waters, GMAC Project Officer



If anyone has read any book as of late with an Autism theme then please do feel free to forward the details onto the GMAC admin contact as we would love to have an insight into what individuals with Autism and parents/ carers are finding helpful or simply enjoying.

Email: abigail.gibson@nas.org.uk

Life on the Autism Spectrum: A Guide for Girls and

Women:

Karen McKibbin

JKP, 2016



This book is a quick and fairly easy read about the day to day challenges faced by autistic girls and women at the non-learning disabled/high functioning end of the spectrum. Although the title doesn't mention the book's particular focus, inside there is repeated reference to 'Female Aspies', and there is little information of use to those interested in girls with more significant learning or communication difficulties.

Karen McKibbin is a licensed Clinical Psychologist who has worked with people with ASD for over 15 years. She is clearly knowledgeable, empathic and sympathetic to the difficulties high functioning women face. Most of the chapters highlight a particular area of challenge, and start with a vignette about a composite character called Alison, explaining a possible history of a girl with an ASD diagnosis. The chapter titles are: the social world and communication; bullying; food selectivity and sensory issues; special interests and routines; gender labelling, and puberty and menopause. After showing how these areas might affect someone through the Alison character, McKibbin goes on to discuss other potential experiences, and then gives advice to carers and women themselves about how they might deal with difficulties in this area. I have mixed feelings about devoting a whole chapter to bullying as it seemed to be presented as an inevitable and constant theme of all autistic women's lives, and although there was good information about managing anxiety and mental health, this was hidden and scattered in other sections.

In her closing chapter, the author provides a useful summary of the main points. Here is the introduction to that summary:

'Girls and women on the autism spectrum are unique in many ways. The way in which they present their symptoms and challenges is significantly different from males on the spectrum, which has been a long standing issue with the lack of diagnosis and misdiagnosis around the world.

Within the social world, female Aspies often hide themselves better than males. They are fundamentally different from their male counterparts because they often have a more innate desire for social connections and relationships. They tend to be observers of others as a way to fit in with their peers'. p155

I think this book would be a good first read for a teenager or woman who has just received a diagnosis, or the parent/carer of a newly diagnosed girl as it is compassionate in tone, and will provide lots of examples the reader can relate to. There was little if any research or new information for someone coming to the book with greater previous knowledge – partly because we have historically diagnosed so few high functioning girls that we simply don't know much about, for example, their experiences of menopause. It is however a mainly positive introductory read.

This book was reviewed by Debbie Waters, GMAC Project Officer



If anyone has read any book as of late with an Autism theme then please do feel free to forward the details onto the GMAC admin contact as we would love to have an insight into what individuals with Autism and parents/ carers are finding helpful or simply enjoying.

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Quiet night at the museum- After hours



The Manchester Museum ran a pilot 'After hours' session for autistic adults and young people in April. This is an extension to their current offer of Autism Friendly Early Opening sessions, where autistic people along with their family or friends can access the museum in the mornings, at a less busy time before they open to the general public. The aim is to give people the opportunity to access the museum with less background noise and crowds of people.

We caught up with Dylan who is 13 and is on the autism spectrum to see what he thought of their first after hours evening session.

Can you tell us how you heard about the session?

My mum told me about it, so I looked it up on the computer to see what it's all about.

Have you been to the Manchester museum before?

Yes only in the morning. I saw the T-rex.

What made you want to go to the after hours session?

To go in the dark at night like Night at the Museum (the movie staring Ben Stiller).



What did you do before going to the museum to plan your visit?

I looked at the website. I looked on Google maps. I checked what time it start and finished. I brought my mini figures and rucksack with me to help me.





Quiet night at the museum- After hours



What was there to do and see at the museum?

I saw the animals, like a tiger, a snake, a fox and I touched the owl, but it's not alive you know (staff brought some of the display items out for the visitors to touch).

I touched real fossils.

I saw real frogs and lizards. I liked them.

I made a film, it was animation.

I made a print picture.

I did clay modelling.

The vivarium



Pure art studio's animation session



Arts and crafts made with the museum staff

What did you like most about the night?

The tiger and making a animation film.

Would you go to a quiet night at the museum again?

Yes

If someone else who is autistic wanted to go along to the museum would you recommend it?

Yes, it's cool.

Is there anything you think could have made the night better?

No, but I didn't watch the movie because I was too busy. Next time I might watch it. (There was a screening of the Night a the Museum movie during the session)

If they do another after hours night at the museum what would you like to see?

If there was things about the T-rex or sharks next time.

To find out more about Manchester Museum autism friendly sessions visit their website at:

Twitter.com/McrMuseum or www.museum.manchester.ac.uk

The after hours session was in collaboration with Pure Innovations who ran the animation session. To view the videos created on the night are available to view here:

www.youtube.com/watch?v=jg267kJ4Wi4

Tuesday 12th November 2019

Stepping Hill Hospital, Stockport



Closing remarks by Andy Burnham -Mayor of Greater Manchester

16th Annual National Conference

Speakers and topics you can hear this year

- Sarah Adams Associate Specialist Oral and Maxillofacial Surgery Department and Will Brady – Consultant Anaesthetist, Wythenshawe Hospital, Manchester University NHS Foundation Trust will join us to discuss how to make Hospital Admissions and Procedures work for people with Autism.
- José R. Alonso has a PhD in Neurobiology and is professor of Cell Biology at the University of Salamanca. He will speak about the Neurobiology of ASD.
- Brenda Cheer a Paediatric Specialist Continence Nurse and an ERIC Nurse seeks ways to improve early intervention into childhood continence problems.
- Viv Cooper founder and Chief Executive of the Challenging Behaviour Foundation. Viv started the CBF to try and ensure that the information available about understanding and managing challenging behaviour gets to those who need it, those who are encountering it every day
- Dave Hewett speaking about 'Intensive Interaction: focusing on fundamental social communication'. Dave with Melanie Nind wrote the first publications on Intensive Interaction and he continues to write, publish and consult extensively on Intensive Interaction and associated issues both in the UK and Internationally. Dave is a Director of 'The Intensive Interaction Institute'.

- Nick Hodge will speak about 'Developing a Sense of Self in Schools for Autistic Pupils'. Nick is Professor of Inclusive Practice in the Sheffield Institute of Education, Sheffield Hallam University.
- Ann Marie Holt hear from a proud maternal grandma & legal guardian who will describe her journey with her autistic grandson (aged 6). Ann will explain how they were helped immeasurably by the Children's Community Learning Disability Team and how they have learnt to manage the challenges they have faced.
- Charlotte Moore Journalist, Parent & Author of 'George & Sam' will again join us to chair & share her experiences.
- Rohit Naik headteacher of Hope Special School (SEMH) in Liverpool, will present on Creating Attachment and Trauma Sensitive School Culture. The school has gained the 'Attachment Friendly' school award and Rohit was awarded 'Head Teacher of the Year (Primary) 2017'.



Why not follow us on Twitter @autism_handson

Conference Fee includes:

Delegate pack, lunch & refreshments throughout and a Certificate (if required).

£100 professionals £35 parent

Registration 08:30 - No refund after 11th October 2019

Further details: Tanya Farley: 07966 399 709 or email: autism.ahandsonapproach@gmail.com

ASD Parent Support Groups

BOLTON

Breaking Barriers

Contact: Steph Sherrat Tel: 07717434840

Email: breakbarriers3@gmail.com

Bolton Adult Asperger Support Group

Contact: Graham Heywood

Tel: 07772547158

Email: g,heywood@gmail.com

BURY

Bury Autism/Asperger Syndrome Support Group

Contact: Chris Parkinson

Tel: 0161 763 4867

Email: burycarers@yahoo.co.uk

Bury Autism Parent Society

Contact: Joanne & Tony Moran

Tel: 0161 761 0132

MANCHESTER

Chinese Carers of Autistic Children

Group

Contact: Helen Chow Tel: 0161 228 0138

Grange School Parents Group

Contact: Laura Rhodes Tel: 0161 498 0312

Email:

emma.caring@gmaddventures.org.uk

OLDHAM

OSCA

Contact: Marie Aspin Tel: 07913672175

ROCHDALE

Littleborough Autism, Asperger Syndrome and ADHD Support Triangle

(L.A.A.A.S.T)

Contact: Liesl Beckles Tel: 07980983872

(Telephone Contact Only)

You Are Not Alone (YANA)

Monthly support group with activities for Stockport Carers for Adults on the Au-

the children

Tel: 0161 655 3827

Rochdale Homestart Parent Support Group & Sam's SIBS Sibling Group

Tel: 01706 629 651 and 01706 436 143

Email:

sam.hsrb@gmail.com

www.homestartrochdale.org.uk

The Recovery Republic Well-Being Centre/Autism and Asperger's Parents

Group

Contact: Carina Jackson

Tel: 01706 622 722 OR 07771523775 Email: carina.jackson@icloud.com info@recoveryrepublic.co.uk www.recoveryrepublic.co.uk

SALFORD

Salford Action for Autism (SAFA)

Contact: Kay Tel: 07858 495266

www.salford-action-for-autism.com

Autism & Friends

Contact: Sandra Moore Tel: 07544 649696

Sensory Stay and Play

Tel: 0161 778 0051 Email: belve-

dere.childrenscentre@salford.gov.uk

STOCKPORT

Stockport Autism Team Parent Support Group

Contact: Cheryl Knupfer

Email: Cheryl.knupfer@stockport.gov.uk

Stockport Carers for Adults on the Autistic Spectrum

Contact: Rayonette Jude Tel: 0161 439 0627

Email: stockportCAAS@gmail.com

TAMESIDE

TASCA

Contact: Valerie & Neil Bayley

Tel: 077548 73480 (mon-Fri 9am-330pm

only)

Email: tasca4u@ntlworld.com

www.tasca.org.uk

Tameside Asperger Syndrome Support Group

Contact: Julie Scrymgeour Tel: 0161 716 3600

Email: Julie.scrymgeour@nhs.net

Tameside Autism Support for Parents & Carers

Contact: Gerard Ratchford

Tel: 0161 304 5364

THE AUTISTIC SOCIETY
GREATER MANCHESTER
AREA (ASGMA)

A group for parents of children & adults with Asperger's syndrome.

Also holds a monthly family group session on Saturday mornings.

For further information regarding dates and times please contact the ASGMA Information Officer

Tel: 0161 866 8483

OR email: information@asgma.org.uk

www.asgma.org.uk



PARENT/CARER FORUMS IN GREATER MANCHESTER

Parent Carer Forums are groups of parents and carers of disabled children who work with local authorities, education, health and other providers to make sure the services they plan and deliver meet the needs of disabled children aged between 0-25yrs and families.

BOLTON

Bolton Parent Carer Consortium

Tel: 07715 201798

Email: enquiries@bpcc.org.uk

BURY

Bury Parents Forum

Tel: 0161 641 4585

Email: admin@buryparentsforum.org.uk

www.buryparentsforum.org.uk

MANCHESTER

Manchester Carer Forum

Tel: 0161 819 2226

Email: info@manchestercarersforum.org.uk http://www.manchestercarersforum.org.uk/

Manchester Parent Carer Forum (Previously known as PACT).

Tel: Not yet available

Email:

info@manchesterparentcarerforum.org.uk http://manchesterparentcarerforum.org.uk

OLDHAM

Parents in Oldham In Touch (POINT)

Tel: 0161 667 2054

Email: enquiries@pointoldham.hotmail.co.uk

www.pointoldham.co.uk/

SALFORD Salford Parent Voice

Tel: 0161 603 6833

Email: info@salfordfamilyforum.org

www.salfordfamilyforum.org

STOCKPORT

Parents In Partnership (PIPS)

07786 101 072

Email: info@pipstockport.org www.pipstockport.org/index.html

TAMESIDE

Our Kids Eyes (OKE)

Tel: 0161 371 20084

Email: ourkidseyes@ntlworld.com www.ourkidseyes.org/contact-us/

TRAFFORD

Trafford Parents Forum

Tel: 0161 872 0183

Email: traffordparentsforum@gmail.com

www.traffordparentsforum.org

WIGAN

Wigan Parent Carer Forum

Tel: 01942 233323

Email:

parent participation@embracewigan and leigh.org.uk

www.embracewiganandleigh.org.uk